

Friday Harbor Laboratories
Snorkelling Regulations at Friday Harbor Labs

1. Nobody goes snorkeling alone. A second snorkeller can act as a buddy in the water, or the snorkeller/snorkeling buddy team may have a surface-support person/boat-tender. This person is required to be equipped with a cell phone and a flotation device. If both buddies are in the water, the cell phone and flotation device must be accessible and nearby. (If properly trained, it is recommended that the surface-support also have an oxygen kit with them.)
2. If snorkeling as a team, only one buddy free-dives at a time while the other remains breathing normally at the surface to observe them.
3. The maximum depth permitted for free-diving is 15'.
4. A dive flag must be raised whenever and wherever people are snorkeling/free-diving.
5. When snorkeling around the FHL dock, NO FREE-DIVING under the breakwater.
6. When snorkeling in any location with entanglements/obstructions (kelp, fishing line, etc.) it is strongly recommended that the diver be equipped with a knife or cutting shears.
7. The snorkeller/free-diver must check weather and currents and plan trips accordingly.

**Friday Harbor Laboratories
Snorkel/Free-Dive Check-out**

Name _____ Date _____

Plans

What will be the purpose of your research? _____

Do you plan to snorkel or free-dive or both? What is your planned maximum depth?

Where do you plan to go snorkeling/free-diving? _____

Checkout

EQUIPMENT:

- On the dock/on land, practice releasing weight belt buckle. Is buckle readily visible? Easy to quick-release?
- Appropriate thermal protection? Fins/mask/snorkel?

PROFICIENCY

- Buoyancy Check: while holding a breath, chin must be above water level.
- Able to clear snorkel after submersion?

Signature _____ Date _____
snorkeller/free-diver

Signature _____ Date _____
FHL Dive Safety Officer